

### CALENDAR

#### Week 2

Tuesday 22 October – K-2 Athletics Carnival;  
Support Unit Athletics Carnival

Thursday 24 October - KS Hospital Visit

Friday 25 October – World Teacher’s Day; Round 8  
PSSA (summer sport competition resumes)

#### Week 3

Monday 28 October – Cooling The School planting  
(Year 4); 7 pm Film By

Tuesday 29 October – Kindergarten 2025  
Orientation

Wednesday 30 October – 12:30 pm Anxiety Project  
Parent Workshop 1

Thursday 31 October – Multicultural Day

Friday 1 November – Round 9 PSSA

#### Week 4

Monday 4 November – 6 pm P&C Meeting (ES1  
Collaboration)

Tuesday 5 November – Kindergarten 2025  
Transition

Wednesday 6 November – 8:30 am 2<sup>nd</sup> hand  
uniform sale; 11:30 am Directions In Music Expo  
(Years 1 and 2); 12:30 pm Anxiety Project Parent  
Workshop 1; 7 pm Music Showcase (Hall)

Friday 8 November – Round 10 PSSA; HSC  
concludes

- Thursday 5 December – Student Leader elections
- Thursday 12 December – Appreciation Breakfast
- Monday 16 December – Presentation Day
- Tuesday 17 December – Semester 2 Reports published; Year 6 Farewell
- Wednesday 18 December – Last day of school for students

The Secretary of the Department of Education, Murat Dizdar, and prominent Public Education alumni, Jennifer Robinson and Craig Foster visited our school on Tuesday. Saskia and James, our School Captains, spoke with our special guests and were fabulous ambassadors for our school.



### What’s Happening At Rainbow Street?

Welcome back. We trust that you enjoyed some time with family friends over the school holiday break.

Term 4 is another busy term with many events planned. Below is a summary of the key dates. If they aren’t already in your diary, pop them in.



- Friday 25 October – World Teachers’ Day
- Tuesday 29 October – Kindergarten 2025 Orientation
- Thursday 31 October – Multicultural Day



Thank you to Gina, Christina and Sarah who spoke with Murat about their experiences of the public system and what factors are important to them when making a decision about high school.

The visit was also part of a special program to be aired at a later date, watch this space!

### Staff Professional Learning

Rainbow Street staff are committed to ongoing professional learning and development. Our Support Unit team underwent STRETCH training after school on Tuesday to enable them to support our students with transitions and other tasks involving manual handling and support.



### What's Been Happening In Stage 3?

On the last Tuesday of Term 3, students came together to showcase their dancing skills to their parents and peers. After 9 weeks of working with the fabulous dance instructors from Zing Activ Dance, students choreographed their own dance steps. It was terrific to see the different techniques and ideas presented. One group was inspired by Raygun, showing us their very clever adaptations of the dance she performed in the Paris Olympics.



### Learner Qualities

For the first five weeks of this term we will be focusing on the Motivation Learner Quality.



## Motivation

Is being excited to learn and wanting to be the best that you can be.

This means that I strive to do my best.

The key vocabulary linked to this learner quality includes: strive, self-discipline, responsibility, inner drive, attitude, enthusiasm, incentive, independence and mindset.



To develop the motivation learner quality, as teachers we will be valuing effort and progress, demonstrating and encouraging a growth mindset, ensuring teaching and learning activities are relevant, engaging and differentiated, and clearly modelling expectations.

### Weekly Draw

Congratulations to this week's winners who have demonstrated our learner qualities and been drawn out as one of the weekly winners:

Dayah (1K)



Michelle (SL)



### REMINDER - Contact Information

If you have had a change in circumstances e.g. residential address, contact phone numbers, email addresses, emergency contacts or primary caregiver etc., please ensure that you have notified the school in writing. This can be done via email [rainbowst-p.school@det.nsw.edu.au](mailto:rainbowst-p.school@det.nsw.edu.au) Please note that we will require supporting documentation for any change of address.



### Staff News

Ms Kate Taylor, School Counsellor, commences her maternity leave on Thursday. We look forward to hearing all about her new addition. Julie Ryan will be relieving whilst Ms Taylor is on leave.

### Stage Newsletters

Stage newsletters outlining the teaching and learning program for the term will be published next week. Keep an eye out for these in your child's bag.

### Attendance At School

Attendance at school is compulsory for every day that the school is open. Missing school for holidays impacts students' learning. For example, five weeks away from school means that they miss 1/8 of the school year! Please book holidays so that they occur during the school holiday periods. Information about compulsory school attendance can be found at <https://education.nsw.gov.au/student-wellbeing/attendance-matters-resources-for-schools/compulsory-school-attendance>



It was fantastic to see many parents register for this term's upcoming Anxiety Coaching Workshops. Registrations are now closed. If you missed out and would like to attend, please contact Mr. Irons.

Some facts about childhood anxiety:

- **Most anxiety is learned.** Yes, you read that right—it's largely a set of learned habits. The good news is that, like any learned behaviour, these habits can be changed.
- **Children can learn 'return-to-calm' skills** that help them manage and overcome anxiety. Although these skills are not often taught, children equipped with these well-researched techniques can build resilience independently.
- **Children can be taught to be the 'boss' of their anxiety.** With each successful attempt at managing their emotions, they become emotionally stronger and better equipped to handle anxious moments.
- **If left unaddressed, a child's anxiety typically worsens over time.** Early intervention is key to preventing the escalation of anxiety.
- **Mentors, teachers, and parents play crucial roles** in fostering children's emotional well-being. Changing the course of childhood anxiety is often simpler than we think.

Mr Irons

The Anxiety Project Implementation Coach



### Sport News

'Summer' PSSA, softball and league tag, resumes on Friday 25 October 2024.

### Term 4 Softball Draw

Date	Playing	Venue
25/10/24	BYE	Pioneers Park
1/11/24	Maroubra Bay PS	Pioneers Park
8/11/24	Matraville PS	Heffron Park
15/11/24	Pagewood PS	Heffron Park
22/11/24	South Coogee PS	Heffron Park
29/11/24	Botany PS	Pioneers Park
6/12/24	Gardeners Road PS	Heffron Park

### Term 4 League Tag Draw

Date	Playing
25/10/24	Matraville Soldiers' Settlement PS
1/11/24	Pagewood PS
8/11/24	Matraville PS
15/11/24	Chifley PS

Date	Playing
22/11/24	Qualifying Finals
29/11/24	Finals
6/12/24	Final backup/Friendlies

All league tag games are played at Heffron Park.

#### Summer PSSA Sport Training Resumes

Students selected to represent our school in Summer PSSA League Tag or T-Ball/Softball in Term 1 will resume PSSA training on Tuesday 22 October 2024 in preparation for the competition, which recommences on Friday 25 October 2024.

#### K-2 Athletics Carnival

The K-2 Athletics Carnival is being held on Tuesday 22 October 2024 (next week). A permission form has been sent via the Compass Parent Portal. Please ensure that you log on to complete the permission form. Students have received a reminder with details and their house colour and house name.

*Ms Heynes, Ms Wheatley and Ms Hunter  
Athletics Carnival Coordinators*

#### K-2 Supported Learning Athletics Carnival

Students in Kindergarten, Year 1 and Year 2 in our supported learning hub will be participating in our Athletics Carnival activities on Tuesday 22 October 2024 between 2:00 pm and 2:40 pm (next week) on school grounds. Please bring a picnic rug or chair and join in the fun!

*Ms Dalla-Vecchia  
Assistant Principal*

#### Stage 2 Excursion – Bound For Botany Bay

This term, our Stage 2 students will be exploring the impact of the first British explorers' landing on Australian soil in our HSIE history unit. To support their understanding, we have organised an excursion, Bound For Botany Bay, led by NSW National Parks and Wildlife Service Rangers, where students will gain a deeper perspective on Australian history.

The excursion will be taking place on Wednesday 13 November 2024. More information regarding the event as well as consent and payment forms can be found online using the Compass Parent Portal. If you have any questions, please speak to your child's mentor teacher.

*Mr Irons  
Relieving Assistant Principal*

#### Rainbow Street Musical Showcase Evening



Our Musical Showcase Evening is fast approaching - Wednesday 6 November 2024 at 7pm in the school hall. All students who are involved in the Senior Band, Junior

Band, Choir, Recorder Ensemble and Senior Strings Ensemble will be performing in this event so please save the date or let your child's ensemble conductor know if you are unable to attend. Please look out for further information coming home in Week 2. We look forward to showcasing all of our hard work this year and showing off our musical talents!

*Ms Emma Hunt*

#### Student of the Week

Class	Student	Awarded for...
KHS	Herbert	Thinking like a mathematician and explaining how he worked out his answers
KK	Eve	Always being ready and willing to help those around her
KS	Luca	Being a good learner
KW	Levi	Using conjunctions in his writing
1H	Sophie	Writing excellent noun groups
1K	Luke	Confidently sharing knowledge during writing groups
1T	Jacob	Providing good examples around the importance of safety features when travelling
1/2R	Bobby	Excellent spelling results
2G	Ayva	Having a positive start to the term
2L	Terry	Being ready to learn and demonstrating increased effort
2M	Marko	Sharing interesting ideas during group discussions
2/3I	Fleur	Excellent contributions during writing lessons this week
3T	Eadie	Demonstrating efficient and effective multiplication skills in maths
3/4V	Ellie Mae	Demonstrating a positive attitude to her learning and to the new term
4F	Angelica	Actively sharing insightful perspectives in group and class discussions

Class	Student	Awarded for...
4G	Claire	Writing wonderful gist statements
5C	Isabella	Sharing her insightful ideas with the group
5/6M	Cai	Contributions during maths
5/6C	Firas	Working to capacity at all times
SD	Benjamin	Consistent effort during dictation
SL	John	Contributing interesting ideas to class discussions
SM	Tomas	Settling into the new school term well
SS	Matthew	Showing motivation to do his best during mathematics

## Rainbow Awards

Congratulations to the following students who receive their Rainbow Badge this week:

Year	Students
K	Thomas and Georgia
1	Elijah, Jenaya and Maia
3	Jack



Welcome back! I hope everyone had a relaxing break and a fun first week!

Do you have some uniforms to donate? Great! We are looking for more items of all ages. You can bring them into the office anytime for our second-hand uniform sales, held every first Wednesday of the month—the next one is on 6 November 2024.

This term, we will be running a rainbow-themed raffle. We will be asking families to donate an item of a certain colour to be won at the end of the year—just in time for Christmas! Please look out for further details in the next few weeks.

Next Friday is our teacher appreciation morning where we get to say thank you to all our wonderful teachers at Rainbow Street. If you would like to shout them a coffee or buy them a pastry, you can do so [here>>](#).

Our remaining two meetings, Monday 4 November 2024 and Monday 2 December 2024, will be held in person 😊 So come and meet more parents and hear what we are planning for next year! The December meeting will be our AGM when all positions are automatically vacated. It would be great to see some fresh faces, especially anyone keen on the position of Prez 🤗



Warm regards,  
*Kristle Romero Cortés*  
 President, Parents, and Citizens Association  
<https://www.rainbowstpandc.org.au/>

