

### CALENDAR

#### Week 9

Wednesday 27 March – ESPSSA Girls Soccer team trials

Thursday 28 March – High School 2025 EOIs due by today; 11:30am K-2 Hat Parade

Friday 29 March – Good Friday Public Holiday

#### Week 10

Monday 1 April – Easter Monday Public Holiday

Wednesday 3 April – 8:30am 2<sup>nd</sup> hand uniform sale

Friday 5 April – Round 7 PSSA

#### Week 11

Parent Teacher Interviews

Friday 12 April – RSPS Cross Country; last day of Term 1

#### Term 2

##### Week 1

Monday 29 April – School Development Day (staff only)

Tuesday 30 April – Students return to school; ANZAC Service

Wednesday 1 May – 8:30am 2<sup>nd</sup> Hand Uniform Sale (COLA)

### What's Happening At Rainbow Street?

#### Parent Teacher Interviews

Are you one of the 294 families who have booked a Parent Teacher Interview? It's not too late. Book in through the Compass Parent Portal to discuss your child's learning with their mentor teacher.



#### 3Bridges Enrolment

As you are aware 3Bridges will be providing Out Of School Hours Care at RSPS from 22 April 2024. Early next week they will be providing links for enrolment into the service. Keep an eye out for the School Stream alert.

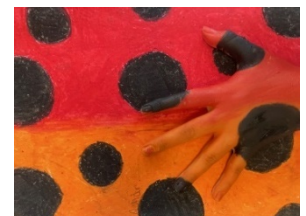


### What's Been Happening In Stage 3 This Week?

It is great to see some of the Solar System mini-projects being completed and brought in to share. So far, we have viewed two amazing video clips and read some very detailed reports. Below is a model created by Frankie in 5C, an excellent representation of each planet. We are looking forward to seeing what other amazing things that students are creating to demonstrate their knowledge about our universe.



Students learnt about Chinese artist Liu Bolin who created the series titled, 'Hiding in the City.' Bolin uses paint and photography to create his works, camouflaging himself into the background of scenery by painting his clothes and his body. Students identified the key features of Bolin works, and this is to keep the larger shapes similar, match the colours, and not worry about the smaller details because from a distance, you cannot see them! Students took Bolin's advice, using pencils, paint and oil pastels to create an animal print background. They then colour-matched the paint to camouflage their hand in the background. Here are some of our artworks.





### Learner Qualities

Congratulations to this week's winners who have demonstrated our learner qualities and been drawn out as one of the weekly winners:

Luka (1K)



Landon (SD)



### Notes Distributed This Week

- K-2 Hat Parade

### Illness

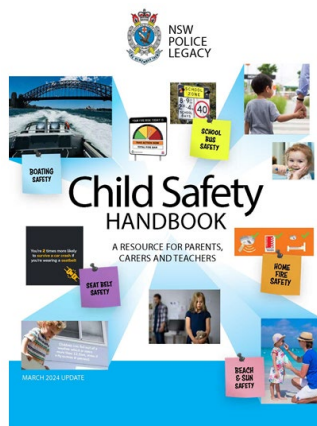
We have noticed an increase in the number of unwell students recently and there are several illnesses circulating in the local community at present.



A reminder that students who are unwell should not be at school. This enables them to rest and recover and avoids putting other students and staff at risk of getting sick.

### Child Safety Handbook

The *NSW Police Legacy Child Safety Handbook* is a comprehensive and free resource to assist parents and carers, as well as teachers, on a range of topics essential to child safety.



The updated digital edition (link below) includes important content updates from: Fire and Rescue NSW (home fire safety), Transport NSW (school bus

and seat belt safety), NSW Department of Communities and Justice (keeping children safe), eSafety Commissioner and NSW Rural Fire.

The digital handbook can be viewed at:

NSW Police Legacy –

<https://www.policelegacynsw.org.au/resources/>

Child Safety Hub website –

<http://nsw.childsafetyhub.com.au/handbook/>

The handbook is also available to download for free on all the App stores.



### What Is The Anxiety Project?

The Anxiety Project is a project designed by psychologist, Michael Hawton, and the NSW Primary Principals Association to assist primary school students with managing their anxious behaviour. It is a large-scale, evidence-based project, delivered through a series of cognitive-behavioural lesson plans and using teacher-led and parent-led conversational techniques. These interventions are aimed at helping a child to learn skills to manage their anxiety.

The research on student anxiety shows us that:

- 70% of child anxiety is learned and that 30% of child anxiety is due to temperament and genetic factors. The good news is that early intervention means that most childhood anxiety can be unlearned.
- Much of the potential for improvements in child well-being can be achieved through 'challenging' students to engage with problems not by avoiding them.
- The significant adults in a child's life – including their teachers – can make an important difference to a student's ability to manage their anxiety through 'seemingly modest' interventions.

Over the past 10 months, Rainbow Street teachers have engaged in professional learning on how to use cognitive behavioural techniques including how to ask guiding questions to support students to become a better emotional problem solver and to help students reframe the difficulties they are facing.

Beginning next week, mentor class teachers will be teaching the cognitive-behavioural lesson plans designed by the Anxiety Project to their class.

If as a parent, you are interested in learning some skills to identify and manage your child's anxiety, please keep an eye out for next week's Rainbow Rambler as we will be sending out expression of interests forms for parents who would like to participate in parent seminars which will be held at school next term.

*Mr Irons*

*Anxiety Project Implementation Coach*



### Sport News

Results

Round 5 – Friday 15 March 2024

T-ball	WIN
Softball	LOSS
Junior League Tag	WIN
Senior League Tag	WIN

### Hat Parade 2024 - Reminder

How's that hat coming along?

On Thursday 28 April 2024, all students in Kindergarten, Year 1 and Year 2 will be participating in the Hat Parade. It's sure to be an exciting parade and everyone is looking forward to seeing the wonderful hats worn by the students.



The staff and students hope you can join us and are looking forward to seeing you there.



### Rainbow Street Public School Choir

Well done to all students who auditioned for the Festival of Choral Music this week. I was very impressed with the high calibre of the auditions and with the students' commitment to the process.

All students will find out who is going to attend the Festival during choir rehearsal on Tuesday. Those who are not going to attend the Festival are still strongly encouraged to be part of the school choir as there will be many fun and engaging rehearsals and performances to come within the school setting.

Thank you to all of the families at home for their support throughout this process, it is much appreciated.

*Ms Emma Hunt*

*Choir Conductor*

## Student of the Week

Class	Student	Awarded for...
KHS	Henry	Always sharing interesting questions and comments with the class
KK	Alex	Trying his best to sound out and write familiar CVC words
KS	Matt	A fantastic effort to sound out and read words
KW	Wilder	Trying hard to sound out words when reading
1H	Alex P	His enthusiasm when learning about safety features during PDHPE lessons
1K	Juliet	Improved effort and focus during learning activities
1T	Alper	His initiative in the classroom
1/2R	Evie	Demonstrating problem solving skills during mathematics lessons
2G	Isaac A	Showing perseverance in mathematics
2L	Isabelle	Being enthusiastic about learning
2M	Jack	Being considerate of others in the class
2/3I	Miles	Being an enthusiastic member of the class
3T	Eden	Demonstrating selflessness, care and courage in class and on the playground
3/4V	Adele	Demonstrating leadership skills and reasoning during our science experiment
4F	Khade	Working hard towards his writing goals
4G	Ben	Consistent effort in all maths activities
5C	Parsa	Presenting a wonderful presentation about how the Iranian people celebrate New Year
5/6M	Nandin	Being a role model at PSSA and always supporting others
6C	Hamish	Excellent work in maths, completing a challenging task with speed and accuracy
SD	Jerry	His kind greetings to staff and students
SL	Wesley	Increased effort when working on pronunciation



Class	Student	Awarded for...
SM	Najaf	Continued effort when following expectations within his school environment
SS	Elijah	Contributing mathematics discussions

## Rainbow Awards

Congratulations to the following students who receive their Rainbow Badge this week:

Year	Students
1	Eden, Ula, Elena, Mahi and Harvey
2	Bronte
6	Jenny, Sara, David and OM

### Canteen News

On Tuesday 26 March 2024 there will be **no sushi** available to order. Sorry for the inconvenience.

Thank you,  
Canteen Staff



Breaking news! We've received a generous sponsorship from the Ritz for our Colour Run 🥰 All children who fundraise \$100 or more will get a free movie voucher (good for one admission - child or adult) 🎬

Stay tuned as more lucky door prizes for **all participants** and fundraising prizes are to be announced.

Please **register** here so we can cater accordingly. I would personally be *mortified* if we ran out of food: [https://www.eventbrite.com.au/e/rainbow-st-ps-colour-run-tickets-867978847097?aff=oddtcreator&utm\\_campaign=ostpublish&utm\\_medium=sparkpost&utm\\_source=email](https://www.eventbrite.com.au/e/rainbow-st-ps-colour-run-tickets-867978847097?aff=oddtcreator&utm_campaign=ostpublish&utm_medium=sparkpost&utm_source=email)

Remember to donate here:

<https://www.mycause.com.au/events/rainbowcolorrun> or at the QR link below.

The next four Sundays are going to be FUN. First, the Spot Festival, then Easter, then the COLOR RUN, and then school holidays. Ready, set, go!



Warm regards,

*Kristle Romero Cortés*

*President, Parents and Citizens Association*

<https://www.rainbowstpandc.org.au/>

